Welcome to . . .

LISTENING LOUNGE

Exploring how to genuinely nurture equity, diversity and inclusion within your perinatal mental health VCSE service

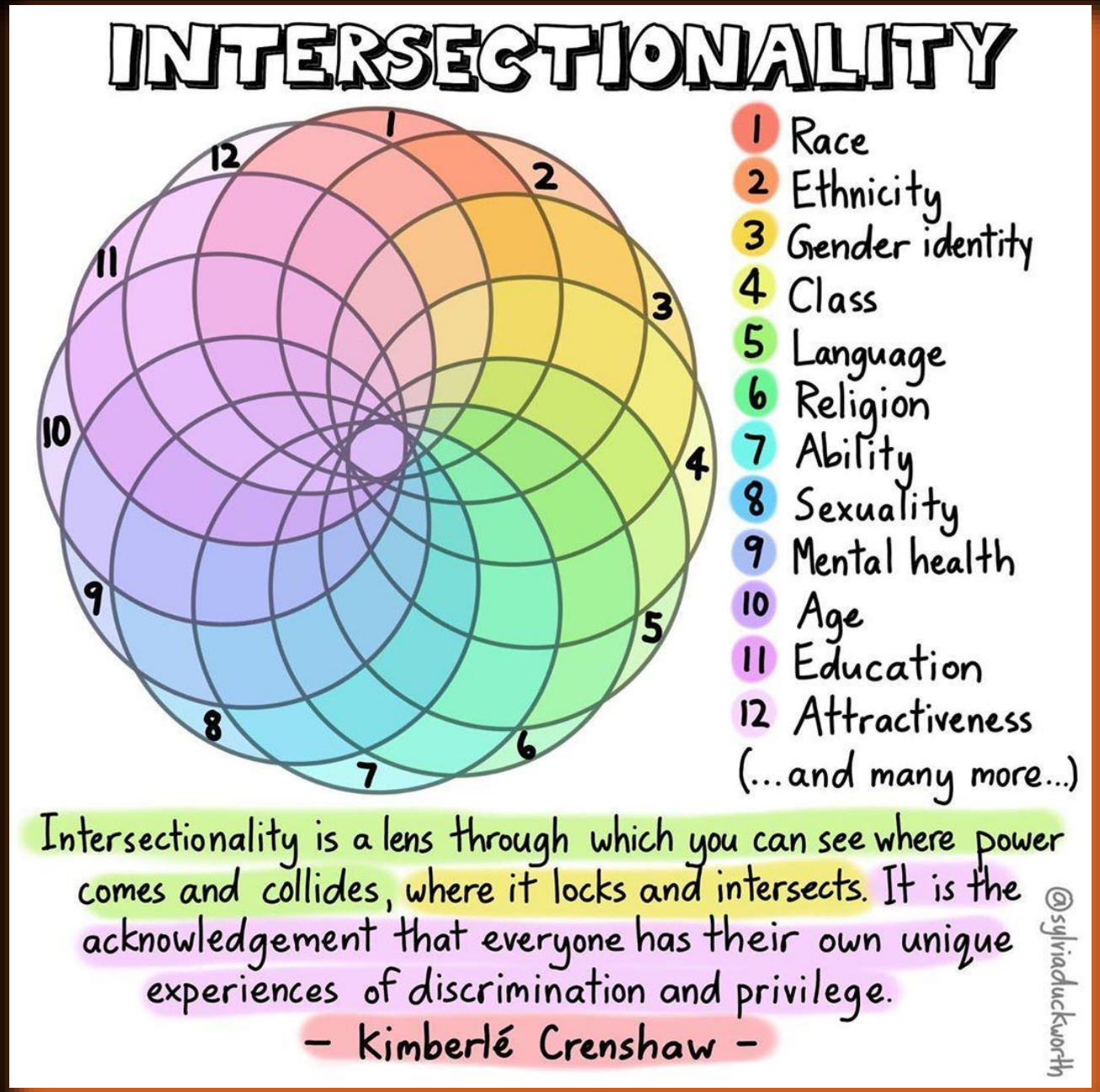
Hearts&Minds

ROOT MAKERS

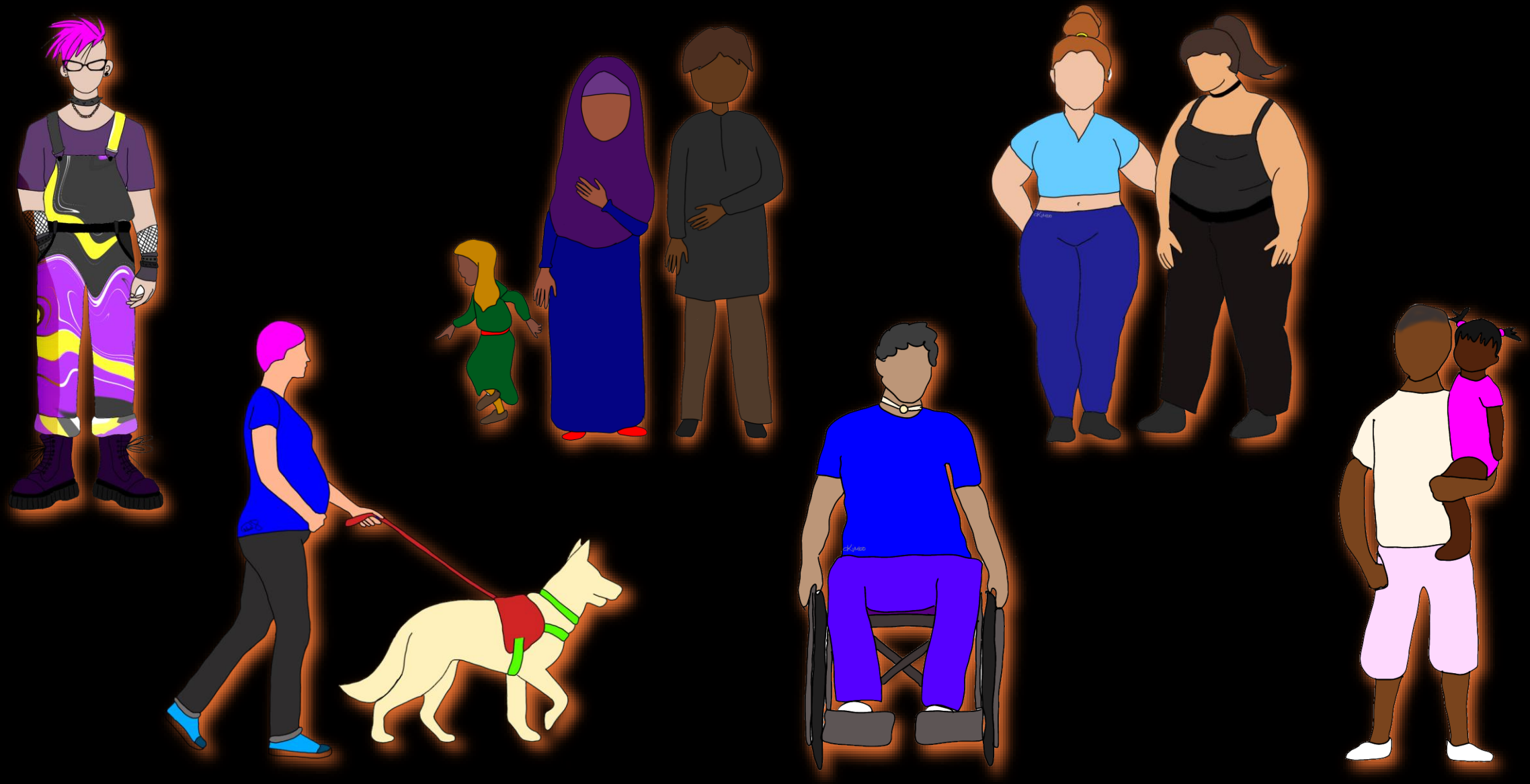
INTERSECTIONALITY

- What is intersectionality?
- Examples of intersectionality
- Why does it matter?

WHAT IS IT?


INTERSECTIONALITY
1 Race
2 Ethnicity
3 Gender identity
4 Class
5 Language
6 Religion
7 Ability
8 Sexuality
9 Mental health
10 Age
11 Education
12 Attractiveness
(...and many more...)
Intersectionality is a lens through which you can see where power comes and collides, where it locks and intersects. It is the acknowledgement that everyone has their own unique experiences of discrimination and privilege.
- Kimberlé Crenshaw -
@sylviaduckworth

EXAMPLES OF INTERSECTIONALITY



WHY DOES IT MATTER?

Equality

The assumption is that **everyone benefits from the same supports**. This is equal treatment.

Equity

Everyone gets the supports they need (this is the concept of "affirmative action"), thus producing equity.

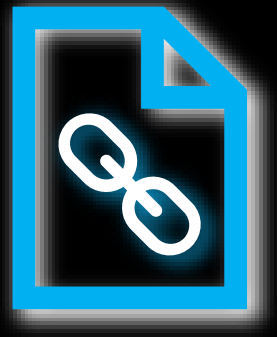
Justice

All 3 can see the game without supports or accommodations because **the cause(s) of the inequity was addressed**. The systemic barrier has been removed.

RESOURCES

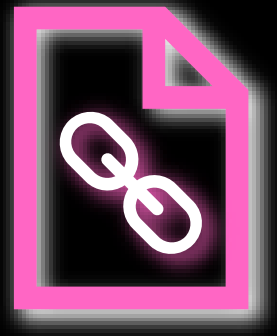
MMHA

Maternal Mental Health Alliance



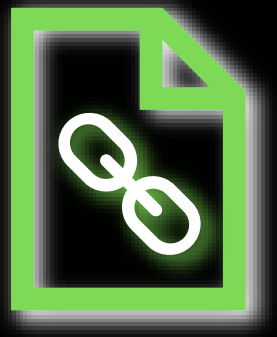
NSPCC

Podcast on supporting Black mothers facing PMH challenges



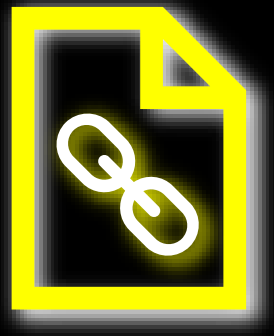
PANDAS

PANDAS Instagram profile



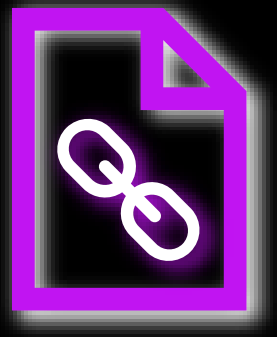
PubMed

Culturally Sensitive PMH Care



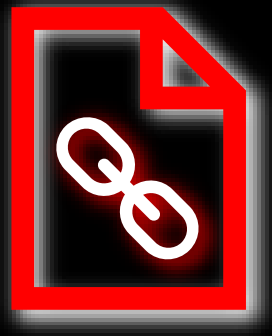
Race Equality Foundation

Maternal mental health of migrant women



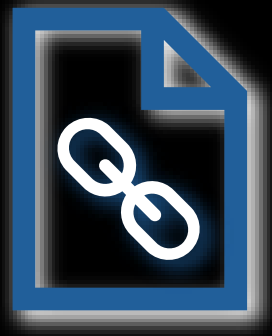
MMHA

Amplifying Maternal Voices Toolkit



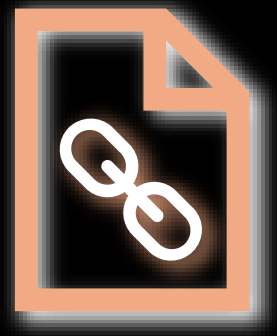
FNS

Fathers Network Scotland



IHV

LGBTQI+ People & PMH Training Programmes



PATH

LGBTQ+ parent families

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Thank you!

We hope you enjoyed your time at the Listening Lounge

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